

Would you like to honor or remember a special friend?

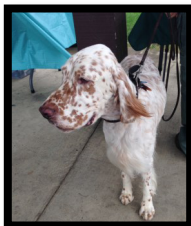
If you would like to make a donation* to Paws for Healing in honor of or in the memory of a beloved relative, friend or companion animal, please fill out the form so that we can acknowledge the appropriate person. The enclosed envelope is pre-addressed for your convenience. We appreciate your support!

Please circle: In Honor of **OR** in Memory of: _____

Send acknowledgement to _____

Message _____

*All donations are tax-deductible as allowed by law, PFH is a 501(3)(c) non-profit corporation. All donors will be acknowledged with a letter as well as those families or individuals who are honored or remembered.



Paws for Healing is a 501(c)(3) and its mission is to mend hearts, minds and bodies with gentle paws and healing hands. In the past 12 years our teams have donated well over 76,000 hours and we continue to grow in the North Bay counties.



1370 Trancas Street, PMB 127

Napa, CA 94558

707-258-3486

www.pawsforhealing.org

Email: info@pawsforhealing.org

NON-PROFIT ORG.
US POSTAGE PAID
NAPA, CA
PERMIT NO. 7

Therapy Dog Chronicles

A Publication of Paws for Healing, Inc.

Mending Hearts with Gentle Paws and Guiding Hands



Winter

2014

Happy Holidays to everyone!

This is the time of the year when we get sentimental and thankful for so much...and I know I say something every newsletter, but it is meant very sincerely: THANK YOU TO EACH OF YOU FOR WHAT YOU DO FOR YOUR COMMUNITY ...YOUR FACILITIES...YOUR PATIENTS/CLIENTS/CHILDREN...YOUR VOLUNTEER CANINES! We on the board of Paws for Healing are so grateful for you for all you do as representatives for Paws for Healing!

There are special people that I want to recognize ...

Lea and Randy and Matt Stegman who are always there when we need them and of course Matt does a super job as our Santa for Santa Paws.

Norm Strangler and Nanci Caron who are our canine evaluators and do such a great job keeping the volunteer teams on the right and safe path.

Marilyn Horvitz, who does all of our beautiful sewing for our uniforms as well as contributing to our raffle prizes and just does endless amount of little things to help us out.

And Marilyn's husband Meir, who although no longer on the board, still does countless things to help us with the evaluations, the computers, the badges, and much more. He volunteers with his Shih Tzu, Sophie.

Carol DeLa Cruz who helps with our trainings and evaluations and has such a great smile and laugh that she puts all the volunteers at ease. She volunteers with her terrier, Honey.

Sheryl Sindt who continually does her matching fundraiser each year to help raise money for Paws for Healing. She volunteers with her Boston terriers, Lizzie and Gizmo.

And to all of our mentors who take charge of the facilities and the volunteers there like the Crowders, Joan Constantine, Lea Stegman, Paulette Duclair, JaneAnn Erickson, George Venneri, Steve Yost, Christine Holmberg, Joanne VanderBruggen, Joyce Bristow and Ann Shepperd, to name a few.

And our board members:

Joyce Bristow who not only conducts the training of new volunteers, but also is our READ coordinator and Paws for Healing treasurer and takes care of our website! She also volunteers with her two labradoodles, Bella and Amber.

Pauline Seago, who is our volunteer coordinator and does endless amount of phone calls and emails to keep track of volunteers. Pauline has no dogs but shares volunteer time with DeCrevel Shih Tzu's.

Nikki Pacheco who is our board secretary but also helps out at our trainings and is always there when we need her for anything! Currently she has no dog in the program but still is very active.

And her husband Travis who helps us with any photo opportunities for Santa Paws and whatever!

Kaye Starley who is in charge of the store for our uniforms and extra items that we sell. Since we lost our storage units at the CEC building, Kaye has to bring a sampling of items for our trainings each time, and then usually mails or delivers any purchased items! Kaye also is our newsletter graphic person! And she has no dog but she has been an amazing asset to the board.

Sharon DaSilva who sends out the sympathy cards and keeps in contact with those who have lost volunteer canines. She also helps with the evaluations and she does not have a canine volunteer but she shares time with the Bristow labradoodles.

These are only a few of the special people who volunteer for PFH and I am so thankful for each of them. Paws for Healing is so fortunate to have these people as volunteers!

I want to take this opportunity to wish each of you a healthy and happy holiday season. Thank you all so much!!!

Sara DeCrevel, board president

SHERYL SINDT HAS DONE IT AGAIN!

Sheryl and her friend Annie Wheat with their dogs Gizmo, Lizzie, and Sid participated in a walk-a-thon through their employer, NOVA, who provides matching funds for their efforts of soliciting monies. The result of this is they raised a total of \$4100, which includes the wonderful matching funds from NOVA. How special is that! This is at least the third year that Sheryl has participated in this effort and we so appreciate her help and continuing support. NOVA encourages their employees to volunteer in the community and additionally, Sheryl's dogs come to work with her every day! She and her Boston Terriers, Gizmo and Lizzie, continue to volunteer at the Vallejo Library, Yountville Veterans' Home, and PACE although Lizzie is now expecting a litter of little Boston Terriers so she will be taking a break soon.

We so appreciate Sheryl's efforts for raising the funds and for her continued support of Paws for Healing! Sheryl, on behalf of Paws for Healing, thank you so much to you, to Annie, and to your great employer, NOVA!



Annie & Sheryl with Sid, Lizzy& Gizmo



PAWS For Healing

1370 Trancas Street, PMB 127

Napa, CA 94558

707-258-3486

www.pawsforhealing.org - Email: Info@pawsforhealing.com

THANK YOU FOR YOUR GENEROUS SUPPORT

Your contributions are used to continue Paws For Healing's mission of providing canine therapy to people in health care and educational settings. Your tax deductible donations help pay for our programs, materials, and classes, as well as insuring all our teams. Thank you for caring!

❧In Loving Memory❧

Kevin & Karla Johnson ∞ In memory of Val Hill
Joann VanderBruggen ∞ In memory of Val Hill

❧In Honor of❧

Denise Bluel ∞ Lea Stegman Birthday

❧Donations❧

Nova ∞ Matching funds
donated by Sheryl Sindt

Constellation Brands ∞ Matching funds
donated by Janet Meyer

Vasconi Drugs, St. Helena

Vacaville Sunrise Rotary Endowment

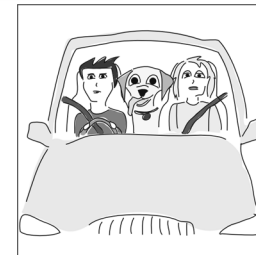
S. Arnold

Randy & Lea Stegman

Lailea Caswell

Holiday Doggie Tips

1. Make sure ID tags are up to date...excitement and visitors during the holidays sometimes cause dogs to slip out the door. Also if you are traveling, this is especially important.
2. If you are having a party or gathering of some sort, make sure to take the time to exercise your dog before the guests arrive. A tired dog is usually a better behaved one and will be a little calmer when you have guests.
3. Don't leave food at a level where your dog can steal it.
4. Don't let family and friends feed your pets from the table.
5. Try not to change your pet's routine while you're away from home.
6. If you travel, do so with a crate...it will usually be a comfort zone for your dog.



Thoughts about how to live

It came to me that every time I lose a dog they take a piece of my heart with them. And every new dog who comes into my life gifts me with a piece of their heart. If I live long enough all the components of my heart will be dog, and I will become as generous and loving as they are.

Anonymous

Santa Paws November 15

This issue will arrive after our Santa Paws event but to let you know we plan a Santa Paws at Pet Food Express in Napa almost every year. This is an opportunity to take a picture with Santa with your dog, your children, your family, whomever. Matt Stegman is our great Santa and Travis Pacheco takes the pictures and it is such a fun event. Dogs are dressed in festive attire and they kiss Santa and bark at the other dogs while their owners stand and watch their dogs get their pictures taken...no parent could be happier or more excited then these dog owners. It is always a chaotic, fun event and one not to be missed!



Bubbles first experience as a Read dog

READING TO DOGS...A “PAWSITIVE” EXPERIENCE

Taken from an article by Dana Tumpowsky, Director of Public Relations, Salt Lake City Library:

The mission of the READ (Reading Education Assistance Dogs) program is to improve the literacy skill of children in a unique approach employing a classic concept: *reading to a dog*. But not just any dog—READ dogs are registered therapy canines, who have been trained and tested for health, safety, skills and temperament. The READ dogs and their volunteer owners come as a team, offering children an opportunity to improve their reading in a safe, comfortable and inviting environment.

People say, “Wait a minute, Dogs can’t read!” Of course they can’t but they can be ideal listeners for many reasons: they listen well, they do not judge or criticize, they encourage relaxation and lower blood pressure, and reading to dogs is much less intimidating than asking kids to read to their peers.

Research over the last 30 years has consistently supported and expanded our knowledge about the benefits that accrue when humans interact with other species, and animals appear almost universally to provide a beneficial and positive influence upon children especially (Beck and Katcher, 1983).

Currently, there are hundreds of READ teams volunteering in the USA and Canada in elementary schools, libraries, and other settings. We are happy to have a very active program under our PAWS for Healing umbrella, Paws for Reading, under the able direction of Joyce Bristow. If you are not currently involved in the READ program and are interested please contact our email or phone and we’ll get you connected!

AKC Therapy Dog program award

Did you know that the AKC is now providing a program award to dogs who have worked as therapy dogs? Here is Emi, Elaine Fohr's PFH dog, proudly wearing her new AKC Therapy Dog badge.

The purpose of this program, according to the AKC website, is "to recognize AKC dogs and their owners who have given their time and helped people by volunteering as a therapy dog and owner team. ...AKC has received frequent, ongoing requests from dog owners who participate in therapy work to 'acknowledge the great work our dogs are doing'."

If you are interested in checking into this or applying, go the AKC website: www.akc.org/akctherapydog/purpose.cfm

Thanks to Elaine for letting us know about this special program, and congratulations to Emi!



**Emi with Santa & Elaine
with Emi modeling her
new badge**



A reminder from the AKC website: What is a therapy dog?

Therapy dogs are dogs who go with their owners to volunteer in settings such as schools, hospitals, and nursing homes. From working with a child who is learning to read to visiting a senior in assisted living, therapy dogs and their owners work together as a team to improve the lives of other people.

Therapy dogs are not service dogs. Service dogs are dogs who are specially trained to perform specific tasks to help a person who has a disability. An example of a service dog is a dog who guides an owner who is blind....Service dogs stay with their person and have special access privileges in public places such as on planes, restaurants, etc. Therapy dogs do not have the same special access as service dogs.

It is unethical to attempt to pass off a therapy dog as a service dog for purposes such as flying on a plane or being admitted to a restaurant.

Trish King

We were so fortunate to have Trish King, canine evaluator, author, trainer conduct a workshop for us on October 18th at the Queen of the Valley Hospital. We had a full room of interested dog owners for the very fast two hour lecture. Thanks to Nanci Caron who arranged the event for us! Trish was able to address issues that I feel confident each of us has experienced. It was a very informative morning and I think there was something for each of us to learn!

We are hoping to offer another Canine First Aid class for our volunteers soon in 2015 and we are open to suggestions for workshops you might be interested in. Please let your board members know if you have ideas or needs in that respect.



PFH 2015 Calendar

Classes are held on Saturdays, 8AM –12PM

- * January 24, January 31, February 7
- * April 25, May 2, May 9
- * September 19, September 26, October 3

The PFH store will be open the first two Saturdays of each session. Items may also be ordered from our website at www.pawsforhealing.org. We would love to have you stop by and say hi, we love to see our volunteers! Dog training classes will be held at our new location, 2055 Redwood Rd, Napa, Kolbe Academy & Trinity Prep School. Hwy 29 N to Redwood/Trancas exit. Turn left at top of exit onto Trancas (Trancas becomes Redwood Rd) stay on Redwood for approx. 1 block. School is on the left side of Redwood Rd.



Doggie Quotes

The better I get to know men, the more I find myself loving dogs. *Charles DeGaulle*

Dogs are not our whole life, but they make our lives whole. *Roger Caras*

I love dogs. They live in the moment and don't care about anything except affection and food. They're loyal and happy. Humans are just too damn complicated. *David Duchovny*

Dogs are better than human beings because they know but do not tell. *Emily Dickinson*

People teach their dogs to sit; it's a trick. I have been sitting my whole life and a dog has never looked at me as though he thought I was tricky. *Mitch Hedburg*

The reason a dog has so many friends is that he wags his tail instead of his tongue. *Anonymous*

Don't accept your dog's admiration as conclusive evidence that you are wonderful. *Ann Landers*

If there are no dogs in Heaven, then when I die I want to go where they went. *Will Rogers*

There is no psychiatrist in the world like a puppy licking your face. *Ben Williams*

The average dog is nicer than the average person. *Andrew Rooney*

We give dogs time we can spare, space we can spare and love we can spare. And in return, dogs give us their all. It's the best deal man has ever made. *M Facklam*

If a dog is fat, you aren't getting enough exercise. *Unknown*

Whoever said you can't buy happiness forgot little puppies. *Gene Hill*

Life is like a dog sled team. If you ain't the lead dog, the scenery never changes. *Lewis Grizzard*

No matter how little money and how few possessions you own, having a dog makes you rich. *Louis Sabin*

If you think dogs can't count, try putting 3 dog biscuits in your pocket and then giving your dog only 2 of them. *Phil Pastoret* *Woof Woof*